

retreat

renew

rejuvenate



Escape to the beauty of northeast Texas and the comfort of Selah Inn for an artists retreat led by internationally collected Texas artist Laurie Pace. Selah Inn offers the artist a sanctuary of natural splendor, respite and relaxation. Here under the guidance of Laurie, the artist will find a peaceful retreat in an atmosphere that literally inspires creativity.

At the Selah Inn Retreat for Artists, you will be immersed in nature at her finest. This unique art workshop emphasizes freedom and self-exploration. Learn more about yourself and your creative side, enabling you as an artist to refine your personal journey and enjoy the beauty of the creative process and discover what you bring to your own work that makes it so unique.

**Discovery Artist Retreat May 12-15th with Texas Artist Laurie Pace**

**SELAH RANCH**

Contact to Book: 877-450-1122

[ArtistRetreats.blogspot.com](http://ArtistRetreats.blogspot.com)

[SelaRanch.com](http://SelaRanch.com)

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Class Fee Includes 20-24 hours of instruction and mentoring time to ask questions one on one, meditation and relaxation techniques, journal and day sketching and a discovery time of finding your gifts.

See additional pictures on the [www.ArtistRetreats.blogspot.com](http://www.ArtistRetreats.blogspot.com) website or at [www.SelahRanch.com](http://www.SelahRanch.com).

Check into your Accommodations Thursday night before the first day of class. Check out is at noon on Sunday, but class is until 2:00 pm. Meals included are Thursday evening welcome dinner, breakfast, lunch, dinner on Friday and Saturday, and a hearty Brunch Sunday Morning; also included is a bottomless coffee service and afternoon snacks.

Enjoy an early morning "Greeting the Day" at 7:30 am, followed by a full breakfast at 8:15. With the greeting of the day we will confirm the positive creative energy we will use that day.

Saturday is a picnic lunch for exploring. With an additional charge, massages are available if booked in advance. The room fee includes two breakfasts, one brunch, three dinners and snacks and coffee each day.

Space at the Inn is limited but there are additional hotels that can be booked once the Inn is full. Pricing for the workshop varies with off site attendance.

Family packages at the Corral are available. The ranch boasts 1000 acres to roam and explore, one of the finest Frisbee Golf courses in the nation, and fishing on the Selah Ranch lake. Enjoy the beautiful Downtown area of Mount Vernon, Texas and the nearby boating and fishing on Lake Cypress Springs and Lake Bob Sandlin.



### Staying at Selah for the Retreat:

**Single Room Occupancy & Board \$440\***  
Double Room Occupancy and Board \$680\*  
Private Cabins with multiple occupancy available.  
**Retreat Workshop Fee \$295**<sub>w/stay at Inn.</sub>

**50% payment due upon booking.** Final Payment April 15th. Payment to Selah Inn.

\*Prices include Room and Meals. All prices are subject to tax.

### Attending the retreat from home or nearby hotels once the Inn is booked.

There are additional hotels in the area if Selah Inn is booked, or you may live in the area. To attend without staying at Selah Inn, cost includes the workshop and your lunch, coffee and snacks for the day. **100% payment at booking.**

**Retreat Workshop Fee \$355\***<sub>without stay at Inn.</sub> This is three days of workshop and three full meals, including lunch on Friday/Saturday and Brunch on Sunday.  
\*Prices are subject to tax.

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Limited Rooms. Book Early to Reserve Your Favorite Room Choice!

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**This three-day workshop** is for both professional and amateur painters. We will use directed theme sketches and studies from photographs and live models. I will facilitate both the technical and conceptual elements in the approach to pre-chosen media and surfaces in relation to our proposed goal. I seek to motivate each artist to encourage a sense of self-expression. It is the step hardest to take for any artist, the realization that pure creativity lies within them and the journey to find it will be made at this workshop. The artist will come away with a stronger awareness of who they are as a person and where they are in their art journey, allowing them to set goals for the path ahead. Creativity at its best is spirit based from within and not from taught or copied techniques. Learning a particular artist's technique to weave into your personal style is acceptable. While imitation is flattering, to imitate another artist's spirit of creativity can result in nothing but emptiness on a journey.

## **May 12th Thursday**

Afternoon Arrival

6:30-7:30 Light Supper  
7:30-8:30 Artist Exchange and Reception

## **May 13th Friday**

7:30-8:00 Morning Meditation and Daily Journal with sketching  
8:15-9:00 Breakfast  
9:00-12:00 Class  
12:00-12:45 Lunch  
12:45-5:00 Class  
5:00-6:15 Mentoring Available, please reserve time for 15 min.  
6:30-7:30 Dinner

## **May 14th Saturday**

7:30-8:00 Morning Meditation and Daily Journal with sketching  
8:15-9:00 Breakfast  
9:00-12:00 Class  
12:00-12:45 Lunch/ Picnic  
12:45-5:00 Class  
5:00-6:15 Mentoring Available, please reserve time for 15 min.  
6:30-7:30 Dinner

## **May 15th Sunday**

8:00-8:30 Morning Meditation and Daily Journal with sketching  
8:30-11:00 Class  
11:00 Morning Brunch  
12:00 Check out time for your room, but Class continues.  
12:00-2:00 Class Final Critique and Discussion Time  
2:00-3:00 Mentoring Available, please reserve time for 15 min.

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## SUPPLY LIST

### Materials:

New 11 x 14 sketch book of your choice.  
Glue stick  
Drawing Pencils  
Acrylics or Oils of your choice (You may bring watercolors for outdoor painting.)  
Brushes  
Canvas one 16 x 20 or 18 x 24.  
300 lb watercolor paper (15 pieces, each piece cut into a 15 x 15 inch square.)

### Provided:

Palette knives, paper towels, cups, etc.

## CLASS SYLLABUS

### Day One:

**Meditation:** Blocks and Supports in Life

**Class:** "Use it or Lose it" Gifts of the Spirit; Gift of Creativity; Synchronicity; Journaling; The Five Senses; Seven Elements of Art; Art Class Learning to Critique.

### Day Two:

**Meditation:** Journaling Tips and the Inner Voice

**Class:** A Date with Yourself; Drawing the Temptation; Sketch and painting; Artists Class Critique

### Day Three:

**Meditation:** Is There a Safe Place?

**Class:** FEAR False Evidence Appearing Real; Beyond Cezanne  
Fruits and flowers with a Palette knife.

### Mentoring Sessions:

Make a list of questions for Laurie to address. This may include any thing from art questions to marketing questions. Schedule an appointment for personal time. If she has your questions ahead of time, your website or blog address, she can evaluate your needs before you meet together.



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## Biography of Laurie Pace

As splintering light fractions into thousands of colors, Laurie's journey in life has encompassed many careers from runway model to graphic artist, from musician to singer, from teacher to artist. She believes the greatest influence in her life is the beauty God provides daily.

A degree in Art, eight years with an advertising agency, and thirty years teaching art has come full circle to top honors yearly at international art shows in oil, watercolor and photography. Viewing a Laurie Justus Pace painting is a rich experience that drips with color and emotion. Her passionate works are alive with movement, boldly created with a wide brush and a palette knife. She loves working with oils, dramatically carving out the paint and transferring her energy to the canvas and ultimately on to the viewer. Pareidolia is the name for what happens when Ms. Pace gazes at her thickly applied strokes of oil paint and begins to visualize equine forms. It's the same term used to describe the phenomena of seeing animals in clouds or faces in the moon.

Laurie is a co-founder of four working groups of artists, Contemporary Fine Art International, Artists of Texas, Daily Painters of Texas and the Five Graces. She is an associate member of WAOW and the Oil Painters of America, The American Watercolor Society, Daily Painters, International Equine Artists and Professional Published Fine Artists. She is a listed artist on askart.com and artprice.com. She has exhibited and showed through out the world. Private collectors, senators, ambassadors and large corporations select her work to decorate their homes and offices.

Her artwork has been published and featured in numerous magazines, newspapers and books. She has been a featured artist in Western Art Collector, Appaloosa Journal, American Art Collector, the HITS on the Hudson Pfizer \$1 Million Grand Prix and in Cowboys and Indians. Her work has been published on the covers of Appaloosa Journal, The Appaloosa Mountain Directory, and The Sight Hound Magazine as well as several yearbooks, publications and CD music covers. You can find her paintings in The Rare Gallery, Jackson Hole, Wyoming; The Dutch Art Gallery, Dallas, Texas; SR Gallery, Hong Kong; Our House Gallery, California; and Mirada Fine Art, Denver, Colorado.

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*"I have taught art for 30 years. I am a certified Art Teacher that has taught in the public school system, and I have taught out of my home studio since 1981. My belief in teaching is to empower the artist. I have never in all my years of experience EVER marked or painted on a student's drawing. With children it is so natural to teach them to reach into the core of their being and create with out worrying about what Mom or Dad thinks, or what the other students think. With adults this is much harder. We are ingrained to please and set goals in our heads, imposing time limits and sealing ourselves in boxes. If you are ready to climb out of your box and experience the pure delight of creating in your comfort zone, this workshop is for you. I look forward to sharing the experience as I grow from knowing you and spending this time with each of you."* Laurie Pace

### **College: Stephen F Austin State**

*University of Texas at Arlington*

*BFA Art and History*

*Post Graduate Work History*

### **Professional Memberships**

*Associate Member WAOW*

*Associate Member Oil Painters of America*

*Artists of Texas*

*The Daily Painters*

*American Watercolor Society*

*The Five Graces*

*Listed Artist Blue Book*

*Daily Painters Abstract*

*International Abstract Art Gallery*

*Daily Painters International*

*Contemporary Fine Art International*

*Daily Painters of Texas*

### **Educational Art 1982 to present**

*In Perspective Studio Art, Graphics One Design*

*Annual Juried Student Shows*

*Art Teacher Texas Public Schools*

### **Gallery Representation**

*The Rare Gallery, Jackson, Wyoming*

*Mirada Fine Art, Indian Hills, Colorado*

*Esher Fine Art, UK*

*The SR Gallery, Hong Kong*

*The Dutch Art Gallery, Dallas, Texas*

*The Painted Pony, New York*

*The Gillian Jones Gallery, Ohio*

*Daily Painters, International*

*Our House Gallery, El Dorado Hills, California*

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